

LONDON'S BICYCLE FESTIVAL & COMMUTER CHALLENGE

JUNE 2 - 10, 2007

~ We are all part of the solution. Clean air. It's within your reach ~

BICYCLE FESTIVAL

London's annual Bicycle Festival encourages Londoners to bike for transportation, fitness, and fun. The Festival promotes events to educate people about bicycle safety and maintenance, local trails, tours and commuting options.

COMMUTER CHALLENGE

The Commuter Challenge is a friendly week-long competition in June between Canadian communities to encourage as many people as possible to use sustainable and active commuting and travel. Londoners are encouraged to walk, jog, cycle, in-line skate, take the bus, carpool or telework and register distances with TREA.

SCHEDULE OF EVENTS

MONDAY - FRIDAY EVENTS

UWO Bike Stop: 7 - 9 am

Stop by the University Police Emergency Response Trailer (Talbot College corner on the UWO Campus) for a breakfast snack and info.

DAY BY DAY EVENTS

VISIT WWW.TREA.CA FOR FURTHER DETAILS

Saturday - June 2nd

Walk: Greenway Park: 9 - 10 am

Join Thames Valley Trail Association for a walk in the park. Meet at Greenside Avenue parking lot. Contact TVTA: 641-0442.

Gathering on the Green: 10 am - 1 pm

Decorated bike parade for kids. TREA bike display. Contact OSCO c/o Landon Library: 439-6240.

Sunday - June 3rd

Great Canadian Bicycle Tour: Starts at 10 am

Out of town tour starting at RIM Park in Waterloo. Membership is \$20, or \$5 for day rider fee. Register with: dyellow@sympatico.ca.

Historic West Woodfield Walk: 1 - 5 pm

Geranium Heritage House Tour. For ticket locations call ACO at 645-2845.

Helmet Exchange: Noon - 4 pm

YMCA Children's Safety Village of London Area Birthday Party. As supplies last, children's damaged or 5 year old helmets will be replaced. Contact YMCA: 455-5437 or visit www.safetyvillage.ca.

Monday - June 4th

Ride with Reynolds Cycle: 6:30 - 8 pm *

30 - 40 km bike ride starting from Reynolds Cycle on 20 Meg Dr. Experienced cyclists only. Road bikes are mandatory. Contact: 680-5100.

Tuesday - June 5th

Bicycle Touring Presentation: 7 - 8:45 pm

Learn with Howard Pulver - Bikeon Tours, about the Niagara-Quebec Waterfront Trail. Contact: TREA.

Tuesday - June 5th (continued)

London Fun & Fitness Walk: 11 am - 2 pm

Downtown employees walk designated route in city core. Individuals can register with TREA.

Wednesday - June 6th CLEAN AIR DAY

Huff & Puff Morning Ride: Starts at 9:30 am

Meet at Greenway Park parking lot. Call: 661-5854.

Lunch & Learn: Noon - 1 pm

Join Constable Christine Weston - Police Services at the Landon Library to learn about cycling safety/road rules. Bring your lunch. Contact TREA.

Bike Maintenance Workshop: 7 - 8:45 pm

Join Wayne Prince - South London Cycle, at the Landon Library for a bike maintenance workshop. Care, repair and bike selection tips. Contact TREA.

Thursday - June 7th

TREA Meeting: 7:30 - 9 pm

Grosvenor Lodge, 1017 Western Rd N. of Oxford St. Allison Cook - City of London, will discuss London's Bicycle Master Plan. Contact TREA.

Friday - June 8th

TREA Leisure Bike Ride: 7 - 8:30 pm

Ride on bike paths along South Thames. Meet at parking lot on E side of Wellington Rd. N of Grand Ave

Saturday - June 9th

Hike: Kilally Meadows: 9 - 10 am

Join Thames Valley Trail Association for short hike. Meet at Kilally Meadows, E end of Windermere Rd., E of Adelaide Street. Contact TVTA: 641-0442.

Forest City Velodrome: All Day Events

Learn to ride: 11 - 1 pm, Recreational ride: 1 - 3 pm, Velo Kids: 3 - 6 pm. Track bikes included with fee. Register on www.forestcityvelodrome.ca.

Sunday - June 10th

All Day Cycling Events & BBQ: 9:30 - 4 pm *

Recumbent Bike Showcase. 4 guided bike rides (all types of bikes). Breakfast at 9:30 am. Rides at 10 am. First Cycleworks, 525 First Street near Dundas. BBQ to follow. Contact: 455-9124.

*All group bicycle rides require helmets be worn.

For more info on Bicycle Festival or the Commuter Challenge contact TREA:
web: www.trea.ca phone: 645-2845 email: trea@wwdc.com

SPONSORED BY:

