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Bicycle Stores Participating in Check Ups:

First Cycleworks, To Wheels, Racer Sportif Cyclepath, Reynolds Cycle

Thanks to Our Other Sponsors:

Rea Family Foundation, Urban League of London, Grosvenor Lodge, London Covent Garden Market, UWO Police Department, London Public Libraries, London Police, Robyn Harvey (RMT)-Massage Therapist, Novack's, Holiday Printing & Promotions

Clean Air Challenge

Keep this personal Clean Air Challenge diary for a week and return promptly. Please record kilometres per person using transparency car for a week of June 2 to 8. So ride a bike, walk to work, inline skate, take public transportation! This is a challenge with other cities in Canada and the USA. Your participation will help to show the world that London cares about the environment.

Send your diary to: Thames Regional Ecological Association, 1017 Western Road, London, ON N6G 1G5 Phone (519) 645-2845 Fax: (519) 645-0981 E-mail: trea@wwdc.com www.trea.ca

Other Events Happening Around London:

Critical Mass 6:30pm at Victoria Park Bandshell
May 30 June 27 (last Friday every month)
Bike riders meet for a mass ride in city streets
www.critical-mass.org Contact: jay@siberian.org

Tribute to Greg Curnoe April 12 - June 22
(famous London artist and avid cyclist)
at Museum London www.londonmuseum.on.ca

Lakeside Triathlon / Duathlon for all ages June 8th
2003 Kids of Steel (3 - 19 yrs) June 7th 2003
A challenging course on a beautiful venue. Swim in a small lake - bike on well paved roads - Run on soft gravel and paved roads Lake Sunova (Lakeside Resort) between London and Woodstock.

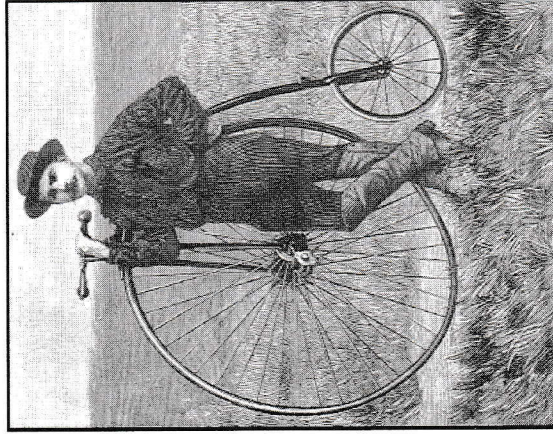
Info: www.multisportcanada.com (course maps available) or 519 - 453-3255

All Seasons Sports & Cycle Bike Swap Sat May 3 10am -5pm and Sun May 4 10am -3pm 660-6932

Other																			
Other																			
Walk/Run																			
Car Pool																			
Car Skate																			
Inline Skate																			
Bike																			
Public Transit																			
	2	3	4	5	6	7	8												

London's Bicycle Festival

May 31-June 8, 2003



Bike for Transportation, Fitness and Fun

Information

645-2845 or www.trea.ca

Thames Region Ecological Association

SCHEDULE OF EVENTS

90 minutes to Safe Cycling

Saturday May 31 9am-10:30 am

Grades 3-8 Parent or Guardian must accompany. Woodland Public School 474 Springbank Dr. Info 685-2682

Children's Safety Village 2nd Birthday

Sunday June 1 12-4pm

Safety for kids with Ontario Trial Lawyers (London), Brain Injury Association, London Bicycle Festival, Middlesex-London Health Unit, Block Parent, Neighbourhood Watch, London Safe Communities, London Fire Dept. and London Police
Info at: 455-5437

London Covent Garden Market

Breakfast, Bicycle Information & Bike Check-ups Monday June 02 - Friday June 06

7:00-9:00 am. London Covent Garden Square.

If you are bicycling, transit riding, inline skating, running or walking to work or play- stop by for a free coffee and breakfast. There will be bicycle check-ups, a free massage by Robyn Harvey (RMT), and bike art. Sign up for the Commuter Challenge, pick up maps, brochures, and win prizes by answering questions based on the theme of the day.

Mon-Advocacy Tue-Safety/Law Wed- Clean Air Thu- Recumbent Bicycles Fri- Touring

University of Western Ontario

Breakfast and Bicycle Information

Monday June 02- Friday June 06

7:00-9:00 am. Talbot College corner (UWO Campus) If your morning cycle takes you to or near the university, stop by the University Police Emergency Response Trailer for a breakfast snack and information on bike safety. Pick up a London bike paths map and bike touring brochures.

*Your bike is a vehicle
under the Ontario Highway Traffic Act*

SAME

roads,
rights,
responsibilities

Canadian Commuter Challenge

Monday June 02- Friday June 06

7:00-9:00 am. It's time again to park your car and choose another way to get to work. The commuter challenge is an opportunity to participate in a National event that inspires Canadians to walk, skate, bike, carpool or take the bus to work. Join us each morning at Covent Garden Market for muffins and coffee and be sure to register for the commuter challenge. For information or to register your work group contact TREA at 645-2845, trea@wwdc.com www.trea.ca

Bicycle Touring

Tuesday June 3 7:30- 9:00 pm Central Branch, London Public Library in Stevenson Hunt Room B.

Learn about the "HURON TRAIL" a new bicycle touring route, mostly on paved secondary roads, near the Lake Huron Shore from Windsor or Sarnia to Tobermory. Howard Pulver, of BIKE ON TOURS, will talk about this route's highlights and development. Learn easily use parts of this route for your summer vacation at the lake. Two copies of the new route guide (\$15) will be given away. He will answer your bicycle touring questions (where to ride, self guided touring, guided tours, safety, clothing, equipment, training and diet). www.BikeOnTours.on.ca

Clean Air Week's Environment Day

Wednesday June 4 9:30am Bicycle Ride in North

London leaving Greenside Drive parking lot. east of Greenway Park. Enjoy a leisurely ride of 15km through Gibbon's Park and UWO with stops along the way. Bring your lunch. The ride will finish at City Hall in time to attend the "Bike Paths and Routes Info Session" Info: 438-7888 Presented by: The Huff and Puff Pedal Pushers, an energetic group of retired folks whose motto is: "Life is not a Spectator Sport"

"London Bike Paths and Routes Info Session"

Wednesday June 4 12:15pm-1:30pm, - City Hall

Committee Room 3, 300 Dufferin St at Wellington. Learn about the bicycle path and route system in the city and what extensions and improvements are being planned for the future. Share your thoughts and ideas with the London Bicycle Advisory Committee and City Staff. Bring your lunch. Presented by: London Bicycle Advisory Committee and City of London, Parks Planning and Design (Andrew Macpherson)

Bike More!

Wednesday June 4 6:30pm-9pm - Novak's, 211 King St. An event to help you expand your cycling options. (transportational, winter, commuter, and self-supported light touring) Learn what to wear, how to pack, what type of equipment to use. Contact: jay@siberian.org

Recumbent Bike Show and Tell

Thursday June 5 7am-9am - Covent Garden Market. Check out commercial and homebuilt recumbent bicycles during the breakfasts. We'll even let you ride one.

Adult Bike Safety and Legality

Thursday June 5 7:30 pm- 9pm Grovenor Lodge, 1017 Western Rd Basic Highway Traffic Act, bike condition, safety equipment, how and when accidents occur, hand signals, fines, cyclists' rights and responsibilities Presented by Darcy Bruce of London Police.

Historical Bike Ride

Friday June 6 7pm-9pm

Meet at the Peace Park (west end of King St) A casual ride of about 10km with frequent stops to visit historical and cultural locations in downtown London. Contact: jay@siberian.org

The Bent Event

Saturday June 7 2pm-5pm Mary Campbell Co-op, Common Room, 587 Talbot St. A casual gathering of resources about recumbent bicycles. Meet riders, hear about the benefits and see both homebuilt and manufactured recumbent bicycles. A gentle paced ride may be offered 4pm to 5pm. Contact: jay@siberian.org

All Day Cycling Events

Sunday June 8 10am at First Cycleworks, 525 First St near Dundas This event includes a light breakfast, prizes, a mountain bike ride, plus 3 levels of road rides(25, 50 or 80km) and a BBQ afterwards. All types of bicycles welcome. Use multi-gear bicycles, in good working order. Waterbottle, snack, spare inner tube, airpump, sunscreen and change for phone are recommended. Helmets mandatory. Contact: jay@siberian.org