

# London's Bicycle FESTIVAL

June 1-9, 2002

*Bike to Work,  
for Fitness  
and Fun*

## Sponsors:

Thames Region Ecological Association, City of London,  
Farmers Outdoor Market, Kellogg Canada Inc., London Life Insurance Company,  
The Little Red Rooster, The New PL

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## Bicycle Stores Participating in Check-ups:

To Wheels, All Season Sports, Racer Sportif, Cyclepath, First Cycleworks

## Thanks to our other Sponsors:

Rea Family Foundation, Urban League of London, Grosvenor Lodge, London Covent Garden Market,  
University of Western Ontario Police Department, London Public Libraries, London Police,  
Touring with Brauns of Kitchener, Robyn Harvey (RMT) - Massage Therapist, Spartan International Inc.



For information call Thames Region Ecological Association at 645-2845 or check our website: [www.trea.ca](http://www.trea.ca)



## Inline Skating

Saturday, June 01 and Sunday, June 02

Starts at 8:00 am from soccer field off Greenside Drive, east side of Greenway Park. Join the Forest City Rollers Inline Skate Club for a tour around the park (10-12 km). On Monday and Wednesday come and join the guided skate through the city. Meet us at Williams Coffee Pub (Richmond and Central Ave.) at 6:30 pm. Both events - weather permitting. **Presented by:** Forest City Rollers Inline Skate Club, Keith Gare Coordinator.

**Information:** 679-0428 or [www.forestcityrollers.com](http://www.forestcityrollers.com)

## Casual Bike Ride

Sunday, June 02

3 pm - 5 pm. Meet at the southern terminus of Thames Valley Parkway (near Hamilton/Gore). A short ride for people aged 14 and older, who use their bike less than a few hours a week and want to get comfortable with paths and roadways. There is a mandatory short discussion about legalities and bike safety before departing. Please have your bike in good working order.

**Information:** [jay@siberian.org](mailto:jay@siberian.org)

## London Covent Garden Market Breakfast and Bicycle Check-ups

Monday June 03 through Friday June 07

7:00 am - 9:00 am. London Covent Garden Square. If you are bicycling, transit riding, inline skating or walking or running to work or play, stop by for a free coffee and breakfast, a bicycle check-up courtesy of several London bike shops and a free massage offered by massage therapist - Robyn Harvey (RMT). Sign up for the Commuter Challenge, pick up maps, brochures and win prizes by answering questions based on the theme of the day. **Themes:** Monday: Advocacy, Tuesday: Safety, Wednesday: Recumbent bicycles, Thursday: Touring, Friday: Law.

## University of Western Ontario Breakfast and Bicycle Information

Monday June 03 through Friday June 07

7:00 am - 9:00 am. Talbot College corner on the UWO Campus. If your morning cycle takes you to or near the university, stop by the University Police Emergency Response Trailer for juice and timbits. Get information related to bike safety. Pick up a map of the London Bike paths and bike touring brochures.

## Canadian Commuter Challenge

Monday June 03 through Friday June 07

7:00 am - 9:00 am. It's time again to park your car and choose another way to get to work. The commuter challenge is an opportunity for you to participate in a National event that inspires Canadians to walk, skate, bike, carpool, or take the bus to work. Join us each morning at Covent Garden Market for muffins and coffee and be sure to register for the commuter challenge. For more information or to register your work group please contact TREA at: 645-2845, e-mail: [trea@wwdc.com](mailto:trea@wwdc.com), **website:** [www.trea.ca](http://www.trea.ca) or the City TDM office at 661-5389.

## Answers to Your Bicycle Touring Questions

Tuesday, June 04

7:30 pm at Central Public Library. Bring your bicycle touring questions - or send them by email to [info@bikeontours.on.ca](mailto:info@bikeontours.on.ca) in advance. Howard Pulver, who is experienced with bicycle touring throughout Ontario and in areas of the US and Europe is giving a presentation and will answer all of your questions about routes, maps, organized tours, clothing, equipment, safety, training, diet or anything else related to bicycle touring.

## Clean Air Week's Environment Day

City-wide, Wednesday, June 05

9:30 am. Bicycle Ride in north London leaving from Greenside Drive parking lot, east of Greenway Park. Enjoy a leisurely ride of 15 km through Gibbons Park and UWO with stops along the way. Bring your lunch. The ride will finish at City Hall in time to attend the Bike Paths and Routes Info Session. Pre-register 438-7888.

**Presented By:** the Huff'n Puff Pedal Pushers, an energetic group of retired folks whose motto is "Life is not a spectator sport".

## Bike Paths and Routes in London:

Info Session, Wednesday, June 05

12:15 pm - 1:30 pm, Committee Room 3, City Hall Lobby, 300 Dufferin at Wellington. Learn about the bicycle path and route system in the city and what extensions and improvements are being planned for the future. Share your thoughts and ideas with the London Bicycle Advisory Committee and City Staff. Bring your lunch.

**Presented By:** London Bicycle Advisory Committee and London's Traffic Division.

## Recumbent Bike Show'nTell

Wednesday, June 05

7:00 am - 9:00 am. Check out commercial and homebuilt recumbent bicycles during the breakfasts in front of the Covent Garden Market

## Adult Cycling Safety and Legalities

Wednesday, June 05

7:00 pm - 9:30 pm. Grosvenor Lodge, 1017 Western Road. Basic Highway Traffic Act, bike condition, safety equipment, how and when accidents mostly occur, hand signals, fines, cyclists' rights and responsibilities, theft prevention, etc.

**Presented by:** London Police Constable Darcy Bruce.

**Information:** [jay@siberian.org](mailto:jay@siberian.org)

## Cycling Safety

Thursday, June 06

7:30 pm - 8:30 pm, Grosvenor Lodge, 1017 Western Road. Cycling related video and talk on the benefits of cycling to health, environment and our economy.

**Presented by:** Gosse van Oosten, TREA.

## Casual Bike Ride

Friday, June 07

7:00 pm - 9:00 pm. Meet at the southern terminus of Thames Valley Parkway (near Hamilton/Gore). A short ride for people aged 14 and older, who use their bike less than a few hours a week and want to get comfortable with paths and roadways. There is a mandatory short discussion about legalities and bike safety before departing. Please have your bike in good working order, including a white headlight.

**Information:** [jay@siberian.org](mailto:jay@siberian.org) or call TREA 645-2845

## Mountain Bike at Boler Mountain

Saturday June 08

9:00 am - 7:00 pm. Always wanted to learn how to ride your bike on trails? Learn the basic techniques of mountain biking on trails and then ride the trails at Boler Mountain. No bike, no problem. You can rent bikes at Boler Mountain for \$15/2 hours. **YOU MUST REGISTER** in advance at the breakfasts or phone TREA at 645-2845

## "Bent Event" Information and Bike Tours

Sunday, June 09

9:00 am - 10:00 am. First Cycleworks. 525 First Street near Dundas St. "The Bent Event" a casual gathering of resources about recumbent bicycles. Meet riders, hear about features and benefits, and see both home built and manufactured recumbent bikes. Enjoy a light breakfast before the rides and a BBQ after the rides. 10:00 am - Ride for all types of bikes begins from First Cycleworks. Join us on about 25, 50 or 80 km bike tours of the country side.

**All welcome. Maps available.** Use multi-gear bicycles, in good working order. Water bottle, snack, spare inner tube, air pump and change for phone are recommended. Helmets mandatory. **Contact:** Jay at [jay@siberian.org](mailto:jay@siberian.org) or Mike at [mchannon@odyssey.on.ca](mailto:mchannon@odyssey.on.ca)

## Other Bicycle Related Events happening in London around the time of the London Bicycle Festival:

- May 21, 7:30 pm - 10:30 pm. Bike Maintenance Course at South London Community Centre
- June 03 - 09. Safe Kids Week. Prevent Sport and Recreation Injuries. Got Wheels? Get a Helmet!
- June 03, 10:00am. Kick-Off for Safe Kids Week, "Kids On Wheels" at the Children's Safety Village, Located in Fanshawe Conservation Area. Phone: 455-5437 or E-mail: [info@safetyvillage.ca](mailto:info@safetyvillage.ca)
- June 08, 11:00 am. - 12:00pm. Skateboard demo, rollerblading and scooter activities at Carling Heights Optimist Community Centre, for more info call Susan Wray at 432-5606

## Other Bicycle Related Events continues:

- June 08, 9:00 am. - 12:00 noon Bicycle Safety Rodeo - at the north parking lot of Oakridge Mall. Children ages 12 and under, who have a bicycle and helmet, are invited to participate. Events include instruction on bicycle maintenance and helmet use, skills courses, refreshments, tours of the City of London Command Vehicle, police bicycle patrol demonstration, displays and draws for bicycle equipment. Sponsored by the Optimist Club of Oakridge Acres.
- August 05 - 10. International Human Powered Vehicles World Championships, Brantford area. **Information:** [www.groupcare.ca/hpv](http://www.groupcare.ca/hpv)

## Basic Bike Repair and Maintenance Course

Offered by To Wheels Bike Shop, 134 Dundas St., London. There will be a cost for this course but if you mention that you heard about the course from the Bike Festival Flyer there will be a 50% discount. Contact To Wheels at 663-9447 to register as space is limited.

## Clean Air Challenge

Keep this personal Clean Air Challenge diary for a week and return promptly. Please, record kilometers per person using transportation alternatives to the single occupancy car for a week of **June 01 to June 07**. So ride a bike, walk to work, in-line skate, take public transportation! This is a challenge with other cities in Canada and the USA. Your participation will help to show the world that London cares about the environment.

### Send your diary to:

Thames Region Ecological Association  
1017 Western Road, London, ON N6G 1G5

Phone: (519) 645-2845

Fax: (519) 645-0981

E-mail: [trea@wwdc.com](mailto:trea@wwdc.com)

Website: [www.trea.ca](http://www.trea.ca)

	Other	Walk/Run	Car Pool	Inline Skate	Bike	Public Transit
June 3						
June 4						
June 5						
June 6						
June 7						