

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25 MAY	26	27	28	29	30	31
OEV  			WEDNESDAY NIGHT RIDE    	Share The Road Campaign Komoka Wellness Centre 10:00am		Go Green, Go Dutch, Go Bike Family bike tour at Dutch Canadian Club
1 JUNE	2	3	4	5	6	7
OEV  			WEDNESDAY NIGHT RIDE    			Gathering on the Green 10-4pm Old South Community Organization
 The Great Ride 'n' Stride 1:00pm at St. John's Anglican Church	9	10	11	12	13	14
OEV  			WEDNESDAY NIGHT RIDE    	TREA Presents "How Safe is Cycling?" by Henk Ketelaars at Grosvenor Lodge		Our Street Dundas Street Festival Wild Ride Mountain Bike Festival Wildwood Cons. Area
15	16	17	18	19	20	21
 Urban League of London AGM Guest speaker Ben Gomberg presents at Aolian Hall 7:00pm Old East Village		 Bike City Great City Documentary showing in Stevenson Hunt Room at the Central Library	WEDNESDAY NIGHT RIDE    	Helmets on Kids Kick Off! helmetsonkids.ca		
22	23	24	25	26	27	28
 LONDON BICYCLE FESTIVAL TREA 10am - 4pm Springbank Gardens			WEDNESDAY NIGHT RIDE    			
29	30					
OEV  						

RIDES & EVENTS



WEDNESDAY NIGHT RIDE



VillageCycle



OEV

Thames Region Ecological Association presents London Bicycle Festival 2014 - The only London event that brings local cyclists together to engage and celebrate cycling in Thames Region. From beginner to the seasoned cyclists, this Festival offers something for everyone and promotes safe and active transportation for both cyclists and drivers alike. Education, guest speakers and entertainment are the focus of this event to encourage a healthy and more sustainable means of active transportation and healthy living for everyone.

A private Indoor Spin Bike facility serving classes for beginners to elite athletes. Free touring rides every Sunday, leaving from 80 Tecumseh Ave. at 10am.

Wednesday night bike rides brought to you by Our Street London. 7:00pm from Ivey Park at the forks of the Thames. Bring your own bike and beverage. All welcome.

Wednesday night ride, 6:00pm. Leave from Reynolds Cycle store. Cost is free. All levels of riders with a road bike welcome.

Free mountain bike ride Monday nights at 6:00pm. Leaving from Fanshawe Dam. Beginner to intermediate levels. Bring bike and helmet.

Wednesday night rides weekly at 6:30 pm - Fanshawe Conservation Area. Weather permitting. All skills and abilities are invited to join in on a ride around Fanshawe Lake. Meet at the dam. Cost is free, just pay for admission into the park (\$6/pp, \$12/car)

Wednesday and Saturday training rides. Club welcomes new members from beginner to pro. Weekly group training sessions geared for beginner or intermediate athletes in London and surroundings. Depart from Mother Theresa High School. Membership required.

Wednesday rides at 6:00pm and Sunday rides at 8:30am, leaving from MEC. Cost is free. This is a road bicycle ride and you should be able to maintain 20+ kph for 1.5-2hrs. MEC also offers Bicycle Maintenance Clinics Free of charge every other Thursday.

120 acres of property, offering some of the best cross country terrain in Ontario, a beginner loop and an advanced loop. Mountain bike races are held every Wednesday at 6:30pm.

Promotes bicycle racing, rider development and to serve as a focal point for cyclists interested in bicycle touring and racing. As a club member, you will have access to training rides, club races, and time trials, social event invitations, discounts at some local bike stores and a supportive environment in which to progress. Training Rides Tuesdays and Thursdays, Group Ride Saturdays, depart from Centennial Hall.

A variety of weekend and overnight tours every Saturday and Sunday. Depart from Greenway Park. Riders should be able to maintain an average pace of 20 kph for up to a 50 km ride.

Old East Village - free ride Sundays at 9:00am, leaving from Lorne Avenue Public School.

Fanshawe Conservation Area - The Lake Trail circles all the way around Fanshawe Reservoir, going through mature forests, open meadows and along three stretches of roadway. Over 20 km of trails to ride.
Forest City Velodrome - Venue where cyclists of all skill levels and cycling backgrounds can enjoy the thrill of velodrome cycling.
London Cycle Link - A volunteer driven organization advocating on behalf of all Londoners to make London a safe, healthy and cycle friendly city.