

VillageCycle

BICYCLE CALENDAR 2014







Thames Region Ecological Association presents London Bicycle Festival 2014 - The only London event that brings local cyclists together to engage and celebrate cycling in Thames Region. From beginner to the seasoned cyclists, this Festival offers something for everyone and promotes safe and active transportation for both cyclists and drivers alike. Education, guest speakers and entertainment are the focus of this event to encourage a healthy and more sustainable means of active transportation and healthy living for everyone.

A private Indoor Spin Bike facility serving classes for beginners to elite athletes. Free touring rides every Sunday, leaving from 80 Tecumseh Ave. at 10am.

Wednesday night bike rides brought to you by Our Street London. 7:00pm from Ivey Park at the forks of the Thames. Bring your own bike and beverage. All welcome.

Wednesday night ride, 6:00pm. Leave from Reynolds Cycle store. Cost is free. All levels of riders with a road bike welcome.

Free mountain bike ride Monday nights at 6:00pm. Leaving from Fanshawe Dam. Beginner to intermediate levels. Bring bike and helmet.

Wednesday night rides weekly at 6:30 pm - Fanshawe Conservation Area. Weather permitting. All skills and abilities are invited to join in on a ride around Fanshawe Lake. Meet at the dam. Cost is free, just pay for admission into the park (\$6/pp, \$12/car)

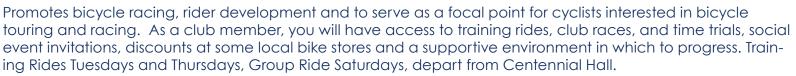
Wednesday and Saturday training rides. Club welcomes new members from beginner to pro. Weekly group training sessions geared for beginner or intermediate athletes in London and surroundings. Depart from Mother Theresa High School. Membership required.

Wednesday rides at 6:00pm and Sunday rides at 8:30am, leaving from MEC. Cost is free. This is a road bicycle



MOUNTAIN EQUIPMENT

CENTENNIAL WHEELERS





A variety of weekend and overnight tours every Saturday and Sunday. Depart from Greenway Park. Riders should be able to maintain an average pace of 20 kph for up to a 50 km ride.

120 acres of property, offering some of the best cross country terrain in Ontario, a beginner loop and an

Old East Village - free ride Sundays at 9:00am, leaving from Lorne Avenue Public School.

ride and you should be able to maintain 20+ kph for 1.5-2hrs. MEC also offers Bicycle

advanced loop. Mountain bike races are held every Wednesday at 6:30pm.

Maintenance Clinics Free of charge every other Thursday.

Fanshawe Conservation Area - The Lake Trail circles all the way around Fanshawe Reservoir, going through mature forests, open meadows and along three stretches of roadway. Over 20 km of trails to ride.

Forest City Velodrome - Venue where cyclists of all skill levels and cycling backgrounds can enjoy the thrill of velodrome cycling.

London Cycle Link - A volunteer driven organization advocating on behalf of all Londoners to make London a safe, healthy and cycle friendly city.